



Byron Fire/ EMS 5K



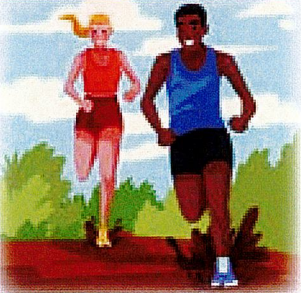
July, 25 2026

A Fun Course



The course is along paved roads and on and off a cinder/gravel rail trail. A water stop will be at the 2-mile mark. Course is USATF certified – NY18105KL.

Post Race



There will be snacks and water after the race. There will also be a pancake breakfast served at the Firehall a short distance from the finish line. Medals will be frosted cut out cookies from Haan's bakery in Medina.

General Information

Age groups:

14 and under 15-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60-69 / 70-79 and 80+

1st and second get cookie medals

Kid's race at 8:30 for all ages. Age groups set on Race Day. Prize for all finishers.

5K walk/run starts at 8:00.

Score This will be keeping race times and posting result.

Register online at core This

The race will start at the Byron Community Park across from the Post Office and next to Dollar General

